



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

Location Keys

- Atrium ATR
- Bus Trip BUS
- Dining Room DR
- Game Loft GL
- Library LIB
- Television Room TV
- Vibrant Life Room VLR

Resident Birthdays

- Chris M. 2/1
- Catherine F. 2/1
- Frank F. 2/4
- Barbara W. 2/7
- Erika F. 2/8
- Ina B. 2/12
- Diane B. 2/16

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9:30 Sit & Be Fit [GL] **3**
11:00 Catholic Communion [TV]
11:00 Church Service [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
1:30 Hand and Foot [VLR]
3:00 Movie Matinee [TV]
5:00 Piano Music with Rita [DR]
5:30 Board Games [VLR]
6:00 Piano Music [DR]
6:30 Wheel of Fortune [VLR]

9:00 Doctors Appointments [BUS] **4**
9:30 Sit & Be Fit [GL]
9:45 Emergency Feeding Program [BUS]
10:30 Blood Pressure Check [VLR]
11:15 The Written Word Game [VLR]
12:30 Board Games [VLR]
1:45 Shopping [BUS]
2:30 Fall Prevention Class [GL]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Eight Ball [GL]
6:45 Mexican Train Dominoes [VLR]

9:00 Doctor Appointments **5**
9:30 Sit & Be Fit [GL]
10:00 Funny Money Banking [VLR]
10:00 Shuffleboard [GL]
11:30 Globe Trotters: Bridges of Washington [VLR]
12:30 Board Games [VLR]
12:30 Gold Key Event [DR]
1:45 Scrabble [VLR]
1:45 Shopping [BUS]
2:00 Wii Bowling [GL]
3:00 Ambassador Club [TV]
5:30 Board Games [VLR]
6:45 Six-Handed Pinochle [LIB]
6:45 Wheel of Fortune [VLR]

9:30 Sit & Be Fit [GL] **6**
9:45 Mystery Trip [BUS]
12:30 Board Games [VLR]
1:30 Avon For Sale [ATR]
1:30 Rite Aid [BUS]
3:00 Horse Racing [GL]
4:00 Billiards [GL]
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **7**
10:30 Bible Study [TV]
11:00 Food for Thought [VLR]
12:30 Board Games [VLR]
1:45 Shuffleboard [GL]
3:30 Travlin Band w/ Patti [ATR]
5:30 Board Games [VLR]
6:45 Rummy Cube [VLR]
6:45 Wii Bowling [GL]

8:30 Crafts by Stephanie and Judy **8**
9:30 Sit & Be Fit [GL]
10:00 Coffee and Donuts with Kirby [VLR]
11:00 Learn to Play Dominoes [VLR]
11:00 Pokeno [LIB]
12:30 Board Games [VLR]
1:30 Vets Program w/ Patti Reese
1:45 Country Store [TV]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Friday Night Movie [TV]
6:45 Mexican Train [VLR]

9:30 Sit & Be Fit [GL] **9**
10:30 Movie Matinee [TV]
10:45 Zumba Gold [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
2:00 Wii Bowling [GL]
3:00 Hot Chocolate & Cookies [ATR]
4:45 Color E.F. Bags
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **10**
11:00 Catholic Communion [TV]
11:00 Church Service [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
1:30 Hand and Foot [VLR]
3:00 Movie Matinee [TV]
5:00 Piano Music with Rita [DR]
5:30 Board Games [VLR]
6:00 Piano Music [DR]
6:30 Wheel of Fortune [VLR]

9:00 Doctors Appointments [BUS] **11**
9:30 Sit & Be Fit [GL]
9:30 Traveling Library [ATR]
12:30 Board Games [VLR]
1:45 Shopping [BUS]
2:30 Fall Prevention Class [GL]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Eight Ball [GL]
6:45 Mexican Train Dominoes [VLR]

9:00 Doctor Appointments **12**
9:00 Massages
9:30 Sit & Be Fit [GL]
10:00 Habits of Happiness [TV]
10:00 Shuffleboard [GL]
12:30 Board Games [VLR]
1:45 Afternoon Shopping [BUS]
1:45 Scrabble [VLR]
2:00 Wii Bowling [GL]
3:30 Black History Program [ATR]
5:30 Board Games [VLR]
6:45 Six-Handed Pinochle [LIB]
6:45 Wheel of Fortune [VLR]

9:30 Sit & Be Fit [GL] **13**
9:45 Casino Trip- This month we will be going to Snoqualmie casino [BUS]
10:00 Alterations [VLR]
12:30 Board Games [VLR]
2:00 Doug Deems [ATR]
3:00 Horse Racing [GL]
4:00 Billiards [GL]
5:30 Board Games [VLR]
6:45 Bingo [VLR]

Valentine's Day **14**
9:30 Sit & Be Fit [GL]
10:30 Bible Study [TV]
11:00 Clear Captions Phone [VLR]
12:30 Board Games [VLR]
1:45 Shuffleboard [GL]
2:00 Catholic Mass [TV]
3:30 Chocolate Fest [ATR]
5:30 Board Game [VLR]
6:45 Rummy Cube [VLR]
6:45 Wii Bowling [GL]

9:30 Sit & Be Fit [GL] **15**
10:30 Cackling & Coloring [VLR]
11:00 Learn to Play Dominoes [VLR]
11:00 Pokeno [LIB]
12:30 Board Games [VLR]
1:45 Country Store [TV]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Friday Night Movie [TV]
6:45 Mexican Train [VLR]

9:30 Sit & Be Fit [GL] **16**
10:00 Investment & Money Talk with Eileen-Coffee and Donuts will be served [VLR]
10:30 Movie Matinee [TV]
10:45 Zumba Gold [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
2:00 Wii Bowling [GL]
3:00 Hot Chocolate & Cookies [ATR]
4:45 Color E.F. Bags
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **17**
11:00 Catholic Communion [TV]
11:00 Church Service [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
1:30 Hand and Foot [VLR]
3:00 Movie Matinee [TV]
5:00 Piano Music with Rita [DR]
5:30 Board Games [VLR]
6:00 Piano Music [DR]
6:30 Wheel of Fortune [VLR]

Presidents' Day **18**
9:00 Doctors Appointments [BUS]
9:30 Sit & Be Fit [GL]
11:15 The Written Word Game [VLR]
12:30 Board Games [VLR]
1:45 Shopping [BUS]
2:30 Fall Prevention Class [GL]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Eight Ball [GL]
6:45 Mexican Train Dominoes [VLR]

9:00 Doctor Appointments **19**
9:30 Sit & Be Fit [GL]
10:00 Funny Money Banking [VLR]
10:00 Shuffleboard [GL]
12:30 Board Games [VLR]
1:45 Afternoon Shopping [BUS]
1:45 Scrabble [VLR]
2:00 Wii Bowling [GL]
3:00 Ambassador Club [TV]
5:30 Board Games [VLR]
6:45 Six-Handed Pinochle [LIB]
6:45 Wheel of Fortune [VLR]

9:30 Sit & Be Fit [GL] **20**
11:30 Out to Lunch Bunch [BUS]
12:30 Board Games [VLR]
1:30 Black History Program [ATR]
3:00 Horse Racing [GL]
4:00 Billiards [GL]
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **21**
10:30 Bible Study [TV]
11:00 Winter Craft [VLR]
12:30 Board Games [VLR]
1:45 Resident Meeting [ATR]
3:30 New resident Welcome [ATR]
5:30 Board Games [VLR]
6:45 Rummy Cube [VLR]
6:45 Wii Bowling [GL]

8:00 Veterans Program [DR] **22**
9:30 Sit & Be Fit [GL]
11:00 Learn to Play Dominoes [VLR]
11:00 Pokeno [LIB]
12:30 Board Games [VLR]
1:45 Country Store [TV]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Friday Night Movie [TV]
6:45 Mexican Train [VLR]

9:30 Sit & Be Fit [GL] **23**
10:30 Movie Matinee [TV]
10:45 Zumba Gold [ATR]
11:00 Healing Support Group [TV]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
2:00 Wii Bowling [GL]
3:00 Hot Chocolate & Cookies [ATR]
4:45 Color E.F. Bags
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **24**
11:00 Catholic Communion [TV]
11:00 Church Service [ATR]
12:30 Board Games [VLR]
1:30 Eight Ball [GL]
1:30 Hand and Foot [VLR]
3:00 Movie Matinee [TV]
5:00 Piano Music with Rita [DR]
5:30 Board Games [VLR]
6:00 Piano Music [DR]
6:30 Wheel of Fortune [VLR]

9:00 Doctors Appointments [BUS] **25**
9:30 Sit & Be Fit [GL]
11:30 Calendar Review [VLR]
12:30 Board Games [VLR]
1:45 Shopping [BUS]
2:30 Fall Prevention Class [GL]
3:30 Bean Bag Baseball [ATR]
5:30 Board Games [VLR]
6:45 Eight Ball [GL]
6:45 Mexican Train Dominoes [VLR]

8:30 Give and Get Table [VLR] **26**
9:00 Doctor Appointments
9:30 Sit & Be Fit [GL]
10:00 Shuffleboard [GL]
11:00 P.A.N.E.L. [ATR]
12:30 Board Games [VLR]
1:45 Afternoon Shopping [BUS]
1:45 Scrabble [VLR]
1:45 Shopping [BUS]
2:00 Wii Bowling [GL]
3:00 Happy Hour [ATR]
5:30 Board Games [VLR]
6:45 Six-Handed Pinochle [LIB]
6:45 Wheel of Fortune [VLR]

9:30 Sit & Be Fit [GL] **27**
11:00 Bean Bag Home Game with Normandy [ATR]
12:30 Board Games [VLR]
1:30 Black History Program [ATR]
3:00 Horse Racing [GL]
4:00 Billiards [GL]
5:30 Board Games [VLR]
6:45 Bingo [VLR]

9:30 Sit & Be Fit [GL] **28**
10:30 Bible Study [TV]
12:30 Board Games [VLR]
1:45 Shuffleboard [GL]
2:00 Foot Care with Dr Lee [TV]
3:00 Birthday Party- [VLR]
5:30 Board Games [VLR]
6:30 Gospel Singers [ATR]
6:45 Rummy Cube [VLR]
6:45 Wii Bowling [GL]