



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

Location Keys

- Atrium
- Bus Trip
- Dining Room
- Game Loft
- Library
- Television Room
- Vibrant Life Room

- ATR
- BUS
- DR
- GL
- LIB
- TV
- VLR

Resident Birthdays

- Dorothy J. 3/9
- Dave B. 3/10
- Diana L. 3/12
- Sandra B. 3/14
- Rita R. 3/15
- Beverly W. 3/16
- Peggy G. 3/20
- Betty M. 3/28
- Lady H. 3/29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>March cont'd 31</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:00 ★ Catholic Communion [TV] 11:00 ★ Church Service [DR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 1:30 ♣ Hand and Foot [VLR] 3:00 ♣ Movie Matinee [TV] 5:00 ★ Piano Music with Rita [DR] 6:30 ♥ Wheel of Fortune [VLR]</p>	<p>31</p> <p>9:00 ♥ Doctors Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 9:45 ♣ Emergency Feeding Program [BUS] 10:30 ♥ Blood Pressure Check [VLR] 11:15 ♥ The Written Word Game [VLR] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shopping [BUS] 2:00 ♣ Current Events w/ Pete Mazza [VLR] 3:30 ♣ Bean Bag Baseball [ATR] 4:45 ♣ Eight Ball [GL] 6:45 ♣ Mexican Train Dominoes [VLR]</p>	<p>4</p> <p>9:00 ♥ Doctor Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:00 ♣ Funny Money Banking [VLR] 10:00 ♣ Shuffleboard [GL] 11:30 ♣ Globe Trotters Ireland [GL] 12:30 ♣ Gold Key Events [DR] 1:45 ♣ Afternoon Shopping [BUS] 1:45 ♥ Scrabble [VLR] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Ambassador Club [TV] 4:00 ♣ Coffee and Conversation [VLR] 4:45 ★ Mardi Gras Craft [VLR] 6:45 ♣ Six-Handed Pinochle [LIB] 6:45 ♥ Wheel of Fortune [VLR]</p>	<p>5</p> <p>9:30 ♥ Sit & Be Fit [GL] 9:45 ♣ Mystery Trip [BUS] 11:30 ♣ Board Games [VLR] 1:30 ♣ Avon For Sale [ATR] 1:45 ♣ Rite Aid [BUS] 3:00 ♣ Horse Racing [GL] 4:45 ♥ Eight Ball [GL] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>	<p>6</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Bible Study [TV] 11:00 ♥ Food for Thought [VLR] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shuffleboard [GL] 3:30 ★ Earring of the Month [VLR] 4:00 ♣ Coffee and Conversation [VLR] 5:00 ♥ Brain Games [VLR] 6:45 ♣ Rummy Cube [VLR] 6:45 ♣ Wii Bowling [GL]</p>	<p>7</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:00 ♣ Coffee and Donuts with Kirby [VLR] 11:00 ♣ Pokeno [LIB] 12:30 ★ Color me Green [DR] 1:30 ♥ History of Renton [VLR] 1:45 ♣ Country Store [TV] 3:30 ♣ Bean Bag Baseball [ATR] 5:00 ♣ Board Games [VLR] 6:45 ♣ Friday Night Movie [TV] 6:45 ♣ Mexican Train [VLR]</p>	<p>8</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♣ Investment & Money Talk with Eileen-Coffee and Donuts will be served [VLR] 10:30 ♣ Movie Matinee [TV] 10:45 ♥ Zumba Gold [ATR] 12:45 ♥ Eight Ball [GL] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Hot Chocolate & Cookies [ATR] 4:45 ♣ Decorate E.F. Bags [VLR] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>	
<p>3</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:00 ★ Catholic Communion [TV] 11:00 ★ Church Service [DR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 1:30 ♣ Hand and Foot [VLR] 3:00 ♣ Movie Matinee [TV] 5:00 ★ Piano Music with Rita [DR] 6:30 ♥ Wheel of Fortune [VLR]</p>	<p>10</p> <p>Daylight Saving Time Begins 9:30 ♥ Sit & Be Fit [GL] 11:00 ★ Catholic Communion [TV] 11:00 ★ Church Service [DR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 1:30 ♣ Hand and Foot [VLR] 3:00 ♣ Movie Matinee [TV] 5:00 ★ Piano Music with Rita [DR] 6:30 ♥ Wheel of Fortune [VLR]</p>	<p>11</p> <p>9:00 ♥ Doctors Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 9:30 ♣ Traveling Library [ATR] 10:30 ♥ Blood Pressure Check [VLR] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shopping [BUS] 3:30 ♣ Bean Bag Baseball [ATR] 4:45 ♣ Eight Ball [GL] 6:45 ♣ Mexican Train Dominoes [VLR]</p>	<p>12</p> <p>9:00 ♥ Doctor Appointments [BUS] 9:00 ♥ Massage Meet and Great [ATR] 9:30 ♥ Sit & Be Fit [GL] 10:00 ♥ Habits of Happiness [TV] 10:00 ♣ Shuffleboard [GL] 12:00 ♣ Board Games [VLR] 1:45 ♣ Afternoon Shopping [BUS] 1:45 ♥ Scrabble [VLR] 2:00 ♣ Wii Bowling [GL] 4:00 ♣ Coffee and Conversation [VLR] 4:45 ★ St. Patrick's Craft [VLR] 6:45 ♣ Six-Handed Pinochle [LIB] 6:45 ♥ Wheel of Fortune [VLR]</p>	<p>13</p> <p>9:30 ♥ Sit & Be Fit [GL] 9:45 ♣ Casino Trip- This month we will be going to Snoqualmie Casino [BUS] 10:00 ♣ Alterations [VLR] 12:00 ♣ Board Games [VLR] 1:30 ♥ Signs of a Stroke [VLR] 3:00 ♣ Horse Racing [GL] 4:45 ♥ Eight Ball [GL] 6:30 ♣ Canasta [LIB] 6:45 ♣ Bingo [VLR]</p>	<p>14</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Bible Study [TV] 11:00 ♣ Home on the Range [ATR] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shuffleboard [GL] 2:00 ★ Catholic Mass [TV] 3:00 ♣ Miss Washington [VLR] 4:00 ♣ Coffee and Conversation [VLR] 5:00 ♣ Brain Games [VLR] 6:45 ♣ Rummy Cube [VLR] 6:45 ♣ Wii Bowling [GL]</p>	<p>15</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ★ Cackling & Coloring [VLR] 11:00 ♣ Pokeno [LIB] 12:30 ★ Color me Green [DR] 1:45 ♣ Country Store [TV] 3:30 ♣ Bean Bag Baseball [ATR] 5:00 ♥ Brain Games [VLR] 6:45 ♣ Friday Night Movie [TV] 6:45 ♣ Mexican Train [VLR]</p>	<p>16</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:00 ♣ Investment & Money Talk with Eileen-Coffee and Donuts will be served [VLR] 10:30 ♣ Movie Matinee [TV] 10:45 ♥ Zumba Gold [ATR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Hot Chocolate & Cookies [ATR] 4:45 ♣ Decorate E.F. Bags [VLR] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>
<p>17</p> <p>St. Patrick's Day 9:30 ♥ Sit & Be Fit [GL] 11:00 ★ Catholic Communion [TV] 11:00 ★ Church Service [DR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 1:30 ♣ Hand and Foot [VLR] 3:00 ♣ Movie Matinee [TV] 5:00 ★ Piano Music with Rita [DR] 6:30 ♥ Wheel of Fortune [VLR]</p>	<p>18</p> <p>9:00 ♥ Doctors Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Blood Pressure Check [VLR] 11:15 ♥ The Written Word Game [VLR] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shopping [BUS] 2:00 ♣ Stephen Ryals [DR] 3:30 ♣ Bean Bag Baseball [ATR] 4:45 ♣ Eight Ball [GL] 6:45 ♣ Mexican Train Dominoes [VLR]</p>	<p>19</p> <p>9:00 ♥ Doctor Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:00 ♣ Funny Money Banking [VLR] 10:00 ♣ Shuffleboard [GL] 12:00 ♣ Ambassador Luncheon [VLR] 1:45 ♣ Afternoon Shopping [BUS] 1:45 ♥ Scrabble [VLR] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Coffee and Conversation [VLR] 4:00 ★ Color Therapy Program [VLR] 6:00 ♣ Board Games [VLR] 6:45 ♣ Six-Handed Pinochle [LIB] 6:45 ♥ Wheel of Fortune [VLR]</p>	<p>20</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:00 ♣ Bean Bag Baseball Tournament-Home game playing Renton Senior Center 12:30 ♣ Board Games [VLR] 1:45 ♥ Talk on Hospice [VLR] 3:00 ♣ Horse Racing [GL] 4:45 ♥ Eight Ball [GL] 6:30 ♣ Canasta [LIB] 6:45 ♣ Bingo [VLR]</p>	<p>21</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Bible Study [TV] 11:00 ♣ Plan a garden [VLR] 12:30 ♣ Board Games [VLR] 1:45 ♥ Residents Meeting [ATR] 3:30 ♣ New resident Welcome [ATR] 4:00 ♣ Coffee and Conversation [VLR] 5:00 ♥ Brain Games [VLR] 6:45 ♣ Rummy Cube [VLR] 6:45 ♣ Wii Bowling [GL]</p>	<p>22</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:00 ♣ A Tiny Bit of French [TV] 11:00 ♣ Pokeno [LIB] 12:30 ★ Color me Green [DR] 1:45 ♣ Country Store [TV] 3:30 ♣ Bean Bag Baseball [ATR] 5:00 ♣ Board Games [VLR] 6:30 ♣ Friday Night Movie [TV] 6:45 ♣ Mexican Train [VLR]</p>	<p>23</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♣ Movie Matinee [TV] 10:45 ♥ Zumba Gold [ATR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Hot Chocolate & Cookies [ATR] 4:45 ♣ Decorate E.F. Bags [VLR] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>	
<p>24</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:00 ★ Catholic Communion [TV] 11:00 ★ Church Service [DR] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 1:30 ♣ Hand and Foot [VLR] 3:00 ♣ Movie Matinee [TV] 5:00 ★ Piano Music with Rita [DR] 6:30 ♥ Wheel of Fortune [VLR]</p>	<p>25</p> <p>9:00 ♥ Doctors Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Blood Pressure Check [VLR] 11:30 ♣ Calendar Review [VLR] 1:15 ♣ Checkers [VLR] 1:45 ♣ Shopping [BUS] 3:30 ♣ Bean Bag Baseball [ATR] 4:45 ♣ Eight Ball [GL] 6:45 ♣ Mexican Train Dominoes [VLR]</p>	<p>26</p> <p>8:30 ♣ Give and Get Table [VLR] 9:00 ♥ Doctor Appointments [BUS] 9:30 ♥ Sit & Be Fit [GL] 10:00 ♣ Shuffleboard [GL] 11:00 ♥ P.A.N.E.L [ATR] 1:15 ♣ Checkers [VLR] 1:45 ♣ Afternoon Shopping [BUS] 1:45 ♥ Scrabble [VLR] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Happy Hour [ATR] 3:00 ♣ Tricia Brush [ATR] 4:45 ★ Crack a pistachio [VLR] 6:45 ♣ Six-Handed Pinochle [LIB] 6:45 ♥ Wheel of Fortune [VLR]</p>	<p>27</p> <p>9:30 ♥ Sit & Be Fit [GL] 11:30 ♣ Out to Lunch Bunch [BUS] 1:30 ♣ Board Games [VLR] 3:00 ♣ Horse Racing [GL] 3:00 ♣ John Back [ATR] 4:45 ♥ Eight Ball [GL] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>	<p>28</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♥ Bible Study [TV] 12:30 ♣ Board Games [VLR] 1:45 ♣ Shuffleboard [GL] 2:00 ♥ Foot Care with Dr Lee [TV] 3:00 ♣ Birthday Party- [VLR] 5:00 ♥ Brain Games [VLR] 6:30 ♣ Gospel Singers [ATR] 6:45 ♣ Rummy Cube [VLR] 6:45 ♣ Wii Bowling [GL]</p>	<p>29</p> <p>8:00 ♣ Veterans Program [DR] 9:30 ♥ Sit & Be Fit [GL] 10:30 ★ Cackling & Coloring [VLR] 11:00 ♣ Pokeno [LIB] 12:30 ★ Color me Green [DR] 1:45 ♣ Country Store [TV] 3:30 ♣ Bean Bag Baseball [ATR] 5:00 ♣ Brain Games [VLR] 6:30 ♣ Craft Night w/ Dianna [VLR] 6:45 ♣ Friday Night Movie [TV] 6:45 ♣ Mexican Train [VLR]</p>	<p>30</p> <p>9:30 ♥ Sit & Be Fit [GL] 10:30 ♣ Movie Matinee [TV] 10:45 ♥ Zumba Gold [ATR] 11:00 ♥ Healing Support Group [TV] 12:30 ♣ Board Games [VLR] 1:30 ♥ Eight Ball [GL] 2:00 ♣ Wii Bowling [GL] 3:00 ♣ Hot Chocolate & Cookies [ATR] 4:45 ♣ Decorate E.F. Bags [VLR] 6:45 ♣ Bingo [VLR] 6:45 ♣ Canasta [LIB]</p>	